

Self Evaluation Worksheet

To help you discover your career path, write down your answers to each of the questions below and list some supporting examples.

What are my skills?	Examples:
1. _____	_____
2. _____	_____
3. _____	_____
4. _____	_____
5. _____	_____



What comes easily to me?	Examples:
1. _____	_____
2. _____	_____
3. _____	_____
4. _____	_____
5. _____	_____



What are my strengths and weaknesses?	Examples:
1. _____	_____
2. _____	_____
3. _____	_____
4. _____	_____
5. _____	_____



What are my career goals?	Why?
1. _____	_____
2. _____	_____
3. _____	_____
4. _____	_____
5. _____	_____



When do I work most efficiently?	Why?
1. _____	_____
2. _____	_____
3. _____	_____
4. _____	_____
5. _____	_____

